

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Kenneth W. Stearns

Title: TORSO EXERCISE METHODS AND APPARATUS

DECLARATION OF INVENTORSHIP AND POWER OF ATTORNEY

As the inventor named in the above-identified patent application, the specification of which is being filed together herewith, I hereby declare that:

My residence, citizenship, and post office address are as stated below;

I am the sole inventor of the claimed invention;

I have reviewed and understand the contents of the above-identified patent application, including the claims;

I believe I am the original and first inventor of the subject matter which is claimed in the above-identified patent application;

I acknowledge the duty to disclose information which may be material to the examination of the above-identified patent application in accordance with 37 C.F.R. 1.56(a); and

All statements made herein of my own knowledge are true, and all statements made on information and belief are believed to be true; and these statements are made with the knowledge that willful false statements and the like are punishable by fine and/or imprisonment under Section 1001 of Title 18 of the United States Code, and that willful false statements and the like may jeopardize the validity of the above-identified patent application and any resulting patent.

Nov-21-03 12:44PM;

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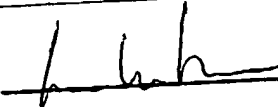
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Sent By: Mark A Krull;

I hereby appoint Mark A. Krull, Reg. No. 34,205, as my representative in the above-identified patent application, with full power to handle all matters regarding said application; and I request that all correspondence be directed to him at the address and/or telephone number set forth below:

Mark A. Krull
P. O. Box 7198
Bend, OR 97708

(541) 385-0383

Signature:  Date: 11-21-03
Printed Name: Kenneth W. Stearns
Residence: Houston, Texas Citizenship: U.S.A.
Address: P.O. Box 55912, Houston, TX 77055